

# *Sarana Counseling PLLC*

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## **Teletherapy Informed Consent**

I, \_\_\_\_\_ (print name of client) hereby consent to participate in teletherapy with Susan Busteed, LMHC, CN at Sarana Counseling as part of my psychotherapy. I understand that teletherapy is the practice of delivering clinical health care services via technology assisted media or other electronic means between a practitioner and a client who are located in two different locations.

I understand the following with respect to teletherapy:

- 1) For clients counseled virtually via the HIPAA-compliant Doxy.me platform, precautions are taken to maintain confidentiality just as with in-person sessions. There is always risk when exchanging information virtually. It is impossible to 100% guarantee confidentiality with virtual sessions as it is with in-person sessions.
- 2) Doxy.me has their own privacy and information storing policies, procedures, and limitations for which my therapist is not responsible. I will not hold my therapist liable for confidentiality breaches that may happen due to this form of communication.
- 3) I have the right to withdraw consent for teletherapy at any time without affecting my right to future care, services, or program benefits to which I would otherwise be entitled.
- 4) There are risks and consequences associated with teletherapy, including but not limited to, disruption of transmission by technology failures, interruption and/or breaches of confidentiality by unauthorized persons, and/or limited ability to respond to emergencies.
- 5) There will be no recording of any of the remote sessions by either party. All information disclosed within sessions and written records pertaining to those sessions are confidential and may not be disclosed to anyone without written authorization, except where the disclosure is permitted and/or required by law.
- 6) The privacy laws that protect the confidentiality of my protected health information (PHI) also apply to tele-mental health unless an exception to confidentiality applies (i.e. mandatory reporting of child, elder, or vulnerable adult abuse; danger to self or others).

